

Cea - Castro Dozón

The exit from Cea to O Castro (Dozón) can be done through two slopes. The most advisable thing is to do it passing through Oseira, since the visit is worth it, but you can also cut off through Piñor.

On the Route we will find both options signposted. In the first case (through Oseira) you leave Cea through the soccer field, crossing the streets of the town with its traditional stone houses until you reach the village of Silvaboa and go down to the town of Pielas. Then, taking the detour to the right at the crossroads, continue in the direction of Oseira, passing by the Chapel of Santa Isabel.

Here begins a slight descent towards the **Mosteiro de Santa María de Oseira**, erected in the 12th century, where today a dozen Cistercian monks live. In full reconstruction, it is possible to visit its beautiful cloisters and even stay there, since it has a pilgrims' hostel. In addition to visiting the monastery, it is a good time to make a supply stop.

Leaving the Monastery behind, a section of ascents and descents begins, crossing Vilarello, Carbadelliña, Outeiro and A Gouxa, already in the province of Pontevedra and less than 2 kilometers from Dozón.

The road continues towards Bidueiro, without going deep, and we take the exit to the right to go towards **O Castro (Dozón)**, where we can find all kinds of services for pilgrims and where it is advisable to rest, since the next stage is quite long.

El consejo del cartero

“If you happen to go past A Gouxa on the 11th of any month, there is a street market with “pulpeiras”. This is a traditional market and you can still see the 18th-century market stalls called “pendellos”. “In Botos you will find the church where they celebrate San Judas Tadeo in October, the patron saint of lost causes, and many people come here to worship”. **Inés Fernández, Correos of Dozón.**

Teléfonos de interés

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