

A Fonsagrada - O Cádavo

You leave **A Fonsagrada** through Padrón, where you have the public hostel (Xunta hostel). The path leaves the parish church in town to continue up the slope of a mountain to Vilardongo and Montouto, where you can find the ruins of the old pilgrim's hospital. You will then reach the **Alto de Hospital**, where you will be at 1,000 metres.

The route then goes down into the valley of Paradavella, with a dozen kilometres behind, and takes you to the Calzada or "Via Calciata" that goes into the land of Baleira, and the eastern side of the mountain range of A Lastra. You reach the place of the same name where you can find the church of San Xoán. The route goes up again to the Alto da Fontaneira, 900 metres high, a beautiful area but really steep, with a stretch called A Costa do Sapo, one of the steepest slopes in the Camino.

From here you have to walk to **O Cádavo** for one hour. This village is the capital of the municipality of Baleira.

El consejo del cartero

"Once you go past Esperela, you cross the Campo da Matanza, a lonely place where Alfonso II, the Chaste, is believed to have defeated the Moors, as remnants of a battle were found here (for example swords, armours and tombs). This moment is reflected on Baleira's coat of arms, which you can see in the town hall of O Cádavo, with Christians and Moors fighting". **Belén Carballo, Correos de O Cádavo.**

Teléfonos de interés

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