

Porto - Labruge

The Portuguese Way along the Coast runs, as its name indicates, along the coast. The river Douro (Duero) and the beaches bathed in the Atlantic will be our inseparable companions **in this first stage that will allow us to go from Porto to Labruge.**

The coastal variant of the Portuguese Way from **Porto starts at Sé**, the city's cathedral. From the top we will be able to contemplate the views of the city before descending through the streets of the historic center to **Ribeira do Douro**, at the foot of the Don Luís I bridge.

The first kilometers will be especially beautiful for the pilgrim, who will have to travel the entire bank of the Douro towards its mouth. It will be almost a 6-kilometer walk until we reach **Foz de Douro** and meet again with the Atlantic. Another pleasant walk along the sea will take us to Matosinhos. Five kilometers dotted with popular beaches until you reach the Sao Francisco Xavier fort, better known as Castelo do Queijo.

After crossing the large roundabout that welcomes us to **Matosinhos**, we continue and cross the drawbridge over the port of Leixões. And so we entered Leça da Palmeira, one of the best-known neighborhoods in Matosinhos for the imprint that the renowned architect Álvaro Siza - a native of this Portuguese town - left on it.

The section of the Portuguese Way that runs through **Leça da Palmeira** will be very pleasant for the pilgrim. The first steps will run along the promenade designed by Siza himself, where you can also enjoy the Mareas pool, also the work of Siza, and the Farol da Boa Nova which, with its 46 meters, is the second largest lighthouse. high of Portugal. Next to the lighthouse we will find another of Siza's works: the House of Chá da Boa Nova, declared a National Monument. From here, the pilgrim can go to **Aldeia Nova** literally attached to the coastline through the walkways placed along the successive beaches.

If you wish, you can also choose to continue along the promenade, a route that bicigrinos must follow. From **Aldeia Nova** we will continue close to the sea to Praia de Angeiras and, later, to Praia de Labruge. The tour will combine the footbridges of the sandy areas and the firm of the promenade, so we can enjoy the company of the Atlantic at all times.

In **Labruge**, the pilgrim has a hostel, which is located in the center of the town. When you arrive at Labruge beach, you will only have to continue 900 meters along Avenida da Libertade and follow the indications. After traveling these first 25 kilometers of the Portuguese Way of the Coast, the pilgrim will be able to rest calmly strolling along the beach or taking a bath in the Atlantic. Labruge has many services, restaurants and accommodation.

El consejo del cartero

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