

## Betanzos-Hospital de Bruma

You leave **Betanzos** towards Abegondo, through O Coto and Xanrozo. The **English Way** moves away from the coast towards the interior through Francos, Bocelo and Vilardel. 12 kilometres away from Betanzos, you find **Presedo**, where there is a hostel and places to eat.

The next section, from San Paio de Vilacoba to A Malata, is extremely hard. Once you reach A Malata, the highest peak in the Camino, pilgrims walk through the mountain towards Mesía to reach Bruma in about half an hour. This is the place where pilgrims coming from A Coruña on the English Way meet the pilgrims coming from Ferrol.

At **Hospital de Bruma** you will find the first hostel built on the English Way, on the spot where the old Pilgrims' Hospital used to be.

### El consejo del cartero

“This is the hardest section of the Camino and Hospital de Bruma only offers the old medieval hospital and a chapel in what is today the new pilgrims' hostel”. **Roberto Rio, Correos of Betanzos.**

### Teléfonos de interés

**This village only has a hostel, there are no other services.**

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CON CORREOS

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