

Soutu de Luiña/Soto de Luiña - Cadavéu/Cadavedo

If you follow the N-632 with some short detours, you will come to a signpost indicating **Camino del Norte** to the left and straight ahead towards Val.louta/Ballota. We recommend that you go straight ahead, as the historic route has some difficult and even dangerous stretches, with parts that may be missing or inaccessible if the weather is rough.

If you go straight ahead, you will reach **Nuviana/Novellana** and **Castañeras**, where you can leave the Camino and enjoy the views close to the beach of Playa del Silencio. The next villages in the Camino are Santa Marina and **Val.louta/Ballota**, accessed through the main road by many pilgrims.

1 kilometre after Val.louta/Ballota, there is a detour down a forest track and across the creek amongst vegetation towards Tablizu. From there to Ribón there is a gravel road parallel to the coast with great views. After that, there are only some 3 kilometres left to reach **Cadavéu/Cadavedo**. The chapel of Regalina is about a mile away from the village and those who decide to walk a little further will enjoy the views from the mirador at Picu'l Cuernu/Punta del Cuerno, located on the cliffs and overlooking the beaches of Cadavéu/Cadavedo, Ribeirona and Ribón.

In Cadavéu/Cadavedo, you can also find some villas of indianos such as the Villa Hilda, which is supposed to be a replica of El Vedado, in Cuba, or the Casa Roja, taking its name from its red façade. Once you leave Cadavéu/Cadavedo, you will see the Torre de Vil.lamouros/Villademoros, a tower of the Late Middle Ages and a good example of defence architecture.

El consejo del cartero

“Cadavéu/Cadavedo was a very relevant spot for whaling during medieval times and you must not miss its shell-shaped beach. In August, they hold the Romería de la Regalina, an open air festival held on a field located next to the shrine, in the Campo de La Garita. This romería started in the Middle Ages to honour the Virgen de Regla and is still celebrated, also supported, by pilgrims. The romería includes feasting outdoors, in particular enjoying the “bollos preñaos” (delicious bread buns filled with chorizo)”. **Pedro Peláez, Correos de Cadavéu/Cadavedo.**

Teléfonos de interés

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