

Quiroga - Monforte de Lemos

You leave **Quiroga** towards the LU-933 to Monforte, which will be the end of this section. If you follow the Camino, you will reach San Clodio with its river beach and a recreational area that is great for a break. From San Clodio, you continue to **Nocedo** -some 3 km away- and then to **Carballo de Lor**. In this section, you will find the shrine of Os Remedios, in a pine wood, where walkers used to give alms. From Carballo de Lor you go down to **Barxa de Lor** through the wonderful landscapes of the valley. From there you climb to O Castro da Lama, where you can see a Roman gold mine. You continue climbing up to **Castroncelos**, with its church of Santiago, and from there to **Pobra do Brollón**. There, on the banks of the River Saa, you can rest at another recreational area. In A Pobra do Brollón you can visit the town hall, the high street and exit through the bridge that takes you to the other side of the river, to follow the Camino towards Cereixa, where you will find a cruceiro with the sculpture of Saint James as a pilgrim. The Camino goes up to the "Alto da Serra", the border with the municipality of Monforte, as you start descending Mount Moncai. From Reigada, there are only 3 km left to Monforte.

Monforte de Lemos is a town of pilgrimage tradition and a history linked to the development of the railway; it is the second largest town in the province of Lugo in terms of population. It stands on the banks of the River Cabe and there are many interesting monuments such as the monasteries of San Vicente do Pino and Nosa Señora da Antiga. In medieval times, it was a fortress-city and it had a defensive wall surrounding the monastery and the castle. You can still see some sections of the wall and 3 towers, including the keep, which you can visit.

El consejo del cartero

"In Monforte, a visit to the Parador, on the upper part of town, is a must. It was an old monastery and has a beautiful cloister. You can also visit the Museo de Arte Sacro, the convent of Las Clarisas, where you can admire their works of art donated by the Count of Monforte, one of the most important collections in Spain. They have 45-minute guided tours (at 12, 16, 17 and 18 hours for 4 euros). There are also organised visits to the Centro del Vino, both in the morning and in the afternoon. You can book a visit at the Tourist Office". "If you are in the area, you really need to go to the renowned Sil Canyon, with its amazing views from Pena do Castro in Doade or the Cavidades in Bolmente (Sober). From Sober there is a tourist train -Aba Sacra- to visit the vineyards of the Ribeira Sacra, between Doade and Amandi, where the wine of this Denomination of Origin is produced". **Antonio López, Correos of Monforte.**

Teléfonos de interés

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