

Monforte de Lemos - Chantada

You leave **Monforte de Lemos** through the medieval bridge over the River Cabe towards the municipalities of **Pantón** and O Saviñao, this is shorter than the previous section but also very rewarding.

The route goes through areas of green pastures, with small villages around Romanesque churches to then move into an area of “carballeiras”, Galician oak groves.

The descent towards the Miño is spectacular. You have to go down **Cóbdados de Belesar**, the name designates the village and the dam. You will be following the remains of a Roman road. You will cross the river and start climbing towards **Chantada** where there are several wineries of the Ribeira Sacra Denomination of Origin. You will access the town through the Convent and a porticoed street, a reminder of the high status of its inhabitants in the past.

El consejo del cartero

“You should go on a catamaran tour in Belesar, and also up the “codos”, the old Roman road, to visit the winery Vía Romana. In Líncora, if you do the Camino in September, there is a festival for the Virgen de la Salud, which is very popular in this area. In Chantada, you can find many restaurants in the old part of town, where you can try many local delicacies and wonderful Ribeira Sacra wines”. **Graciela Ledo, Correos of Chantada.**

Teléfonos de interés

Oficina de Correos de Chantada Av. de Monforte 4227000 Chantada, Lugo+34 982 440 362

Oficina de Turismo de Chantada Praza do Mercado s/n27500 Chantada, Lugo+34 982 441 752

Centro de Salud de Chantada Av. de Monforte27500 Chantada, Lugo+34 982 441 812

Policía Local de Chantada + 34 657 063 779

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El Camino

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